

5.2025 Course Conversations Chat

00:13:22 Dr. Audrey Schnell: Reacted to "Hiii!!" with ❤️

00:19:09 Julie Bruns: @Dr. Audrey Schnell, This type of thinking was part of my journey a few years ago. I think I was a "course horror". I came up with this phrase, and I often remind myself.
"You've learned enough. It's time to share. You can always learn more."

00:20:16 Samia Kornweibel: Reacted to "@Dr. Audrey Schnell,..." with 🤗

00:20:20 Samia Kornweibel: Reacted to "@Dr. Audrey Schnell,..." with 🎉

00:24:40 Patricia Sciarrino: Way to go @Julie Bruns!! So happy for you!!!

00:24:51 Sharon Bumgarner: i just saw on TV we have an American born Pope

00:25:27 Patricia Sciarrino: Thanks for sharing and being so vulnerable @Dr. Audrey Schnell

00:25:39 Janet Redford, Speaker, Author, Coach: I love this @Claire Weber - celebrating zero

00:25:39 Patricia Sciarrino: Reacted to "i just saw on TV we ..." with 🤗

00:25:42 Dr. Audrey Schnell: Reacted to "Thanks for sharing a..." with ❤️

00:25:57 Patricia Sciarrino: Reacted to "I love this @Claire ..." with 🤗

00:27:31 kit: @Claire Weber I don't know what you do in your career but I definitely think you should be teaching this!! x

00:27:36 Samia Kornweibel: Reacted to "i just saw on TV we ..." with 🤗

00:27:39 Samia Kornweibel: Reacted to "Thanks for sharing a..." with ❤️

00:27:41 Samia Kornweibel: Reacted to "I love this @Claire ..." with 🤗

00:30:04 Samia Kornweibel: Reacted to "@Claire Weber I don'..." with 💕

00:30:04 Julie Bruns: I just wanna do SHIT and ENJOY MY FUCKING LIFE - Tory

00:30:07 Samia Kornweibel: Reacted to "@Claire Weber I don'..." with 🎉

00:30:12 Samia Kornweibel: Reacted to "I love this @Claire ..." with 🤗

00:30:23 Julie Bruns: Tori/Victoria -

00:30:45 Julie Bruns: We always have a choice, we can make the decision

00:30:50 Patricia Sciarrino: Reacted to "Tori/Victoria -" with 🤗

00:31:19 Claire Weber: This book...I'm Mostly Here to Enjoy Myself

00:31:20 Samia Kornweibel: @Claire Weber - Thanks for your share! It's beyond words how deep, holy and helpful that was for me today. thank you! big hug to you and so grateful we are in this community and each other's lives. 💕

00:31:26 Samia Kornweibel: Reacted to "This book...I'm Most..." with 🎉

00:31:28 Samia Kornweibel: Reacted to "This book...I'm Most..." with 🤗

00:31:33 Patricia Sciarrino: Reacted to "@Claire Weber - Than..." with ❤️

00:33:15 Janet Redford, Speaker, Author, Coach: @Victoria! This is so rich and deep with wisdom. This was a soul call out for me! I appreciate your vulnerable share. 🔥

00:35:56 Dr. Audrey Schnell: Reacted to "@Claire Weber I don'..." with ❤️

00:37:06 Julie Bruns: As Barbara said at the beginning of the call, everything is:

00:37:07 Julie Bruns: A message
A lesson
Divine intervention

00:37:25 Patricia Sciarrino: Reacted to "A message
A lesson
D..." with 🙌
00:37:27 Amna Mazin: Wow this call is literally speaking to my soul and the timing
couldn't be more synchronous
00:37:32 Janet Redford, Speaker, Author, Coach: Reacted to "A message
A lesson
D..." with 🙌
00:37:53 Janet Redford, Speaker, Author, Coach: Replying to "Wow this call is lit..."

I agree. I feel the same way.

00:38:02 Janet Redford, Speaker, Author, Coach: Reacted to "Wow this call is lit..."
with ❤️
00:38:49 Margaret Stanway: I'm very sorry but I have to go as I have a meeting this
evening. I was good to listen for to a short time.
00:39:03 Janet Redford, Speaker, Author, Coach: Reacted to "I'm very sorry but I..."
with 🌸
00:39:09 Julie Bruns: We always say it to others, but not to ourselves
00:39:12 Patricia Sciarrino: Reacted to "Wow this call is lit..." with ❤️
00:39:20 Patricia Sciarrino: Reacted to "I agree. I feel the ..." with ❤️
00:39:30 Patricia Sciarrino: Reacted to "We always say it to ..." with 👍
00:40:35 Victoria: Replying to "@Victoria! This is s..."

Thank you my sweet!

00:40:55 Claire Weber: Celebrating Zero, Celebrating Rock Bottom!!! It's the place of
infinite possibilities
00:41:19 Janet Redford, Speaker, Author, Coach: Reacted to "Celebrating Zero, Ce..."
with 🙌
00:41:40 Samia Kornweibel: Reacted to "Celebrating Zero, Ce..." with 🙌
00:41:42 Samia Kornweibel: Reacted to "Celebrating Zero, Ce..." with 100
00:41:44 Samia Kornweibel: Reacted to "Celebrating Zero, Ce..." with 🎉
00:46:53 Julie Bruns: Give a finger to the "should"
00:47:01 Victoria: Reacted to "Give a finger to the..." with 😂
00:47:07 Victoria: Replying to "Give a finger to the..."

Love that!

00:47:21 Janet Redford, Speaker, Author, Coach: Reacted to "Give a finger to the..."
with 😂
00:47:35 Samia Kornweibel: Reacted to "Give a finger to the..." with 😂
00:47:39 Samia Kornweibel: Reacted to "Love that!" with 💕
00:49:19 Samia Kornweibel: @Dr. Audrey Schnell - thank you so much for opening this
topic with your powerful and beauty-full share! I've been moving through a very similar
experience and resonate so strongly with your share and I'm cheering you on! I see your clarity,

strength, and courage. So happy you are here and you are gaining and giving support! You are amazing! 🥰

00:49:50 Janet Redford, Speaker, Author, Coach: Reacted to "@Dr. Audrey Schnell ..." with 🥰

00:52:10 Dr. Audrey Schnell: Reacted to "@Dr. Audrey Schnell ..." with ❤️

00:53:50 Patricia Sciarrino: Reacted to "@Dr. Audrey Schnell ..." with 🥰

00:55:09 Claire Weber: Replying to "@Claire Weber I don'..."

Thank you, you are right, it's so true! So shall it be...

00:55:21 Gina Gibson: Thank you so much for this call & for everyone's sharing. I have to run as I have a call coming up ❤️

00:55:38 Janet Redford, Speaker, Author, Coach: Reacted to "Thank you, you are r..." with 🥰

00:55:51 kit: Replying to "@Claire Weber I don'..."

Let me know when you do - ill be happy to advertise you x

01:03:53 Janet Redford, Speaker, Author, Coach: "I'm not looking for perfection. I'm just looking for joy." ~Amna

01:04:10 Samia Kornweibel: thank you all what a powerful conversation. so grateful for each and every one of you and to Barbara for creating this community and hosting our conversations.

01:07:42 Dr. Audrey Schnell: So grateful for all of you. Thank you so much

01:07:49 Janet Redford, Speaker, Author, Coach: Reacted to "So grateful for all ..." with ❤️

01:12:26 Janet Redford, Speaker, Author, Coach: Damn Ego!!!

01:19:32 Janet Redford, Speaker, Author, Coach: Thank you so much for this amazing call. Such deep powerful conversations and wisdom shared. Thank you!!!! I need to head out for an appointment and will be watching this call's recording! 🥰

01:19:56 Patricia Sciarrino: Reacted to "Thank you so much fo..." with 🙌

01:20:02 Patricia Sciarrino: Reacted to "So grateful for all ..." with ❤️

01:20:12 Patricia Sciarrino: Reacted to "thank you all what a..." with ❤️

01:21:18 Sunshine: Amen!

01:22:25 Claire Weber: Sending love to all! Thank you Barbara for sharing your gifts with us.

01:28:50 Julie Bruns: wow, "you must need it"

01:34:45 Alison: Thank you all. Off to that meeting.

01:35:20 kit: @Victoria my friend in the states is a coach that has drop in sessions that's low cost but she specialises in death, sickness and learning to live through it all! She's bloody awesome!!! https://www.instagram.com/jt_trepanier/ Tell her I sent you!!! DM her and ask when her next drop in session is xx

01:36:44 Amna Mazin: @Victoria I feel like u have 2 parts - one that knows this is not "suffering" and one that thinks this is "suffering" vs it is exactly as it should be

01:37:14 Victoria: Replying to "@Victoria my friend ..."

Thank you for this! I will check her out!

01:37:32 kit: Reacted to "Thank you for this! ..." with ❤️

01:37:36 Victoria: Replying to "@Victoria I feel lik..."

Oh thank you !

01:37:58 Dr. Audrey Schnell: have to hop off!

01:38:18 Julie Bruns: The good news is we created it, and we can create something different

01:39:59 Amna Mazin: Daaaaaang @Sunshine that was powerful! I'm gonna do that right after this call

01:40:12 Julie Bruns: so lovely to be with you all today - I have to go

01:40:19 Amna Mazin: Reacted to "so lovely to be with..." with ❤️

01:40:32 Victoria: Thank you all! Helped so much I feel so much lighter! XO and @Sunshine I will put my hand down and put it over my heart! Xo

01:41:20 Patricia Sciarrino: Reacted to "Daaaaaang @Sunshine ..." with 🙌

01:41:29 Patricia Sciarrino: Reacted to "so lovely to be with..." with ❤️

01:41:36 Sunshine: Peace & Blessings to you and your boyfriend .

01:41:40 Patricia Sciarrino: Reacted to "Peace & Blessings to..." with 🙌

01:41:56 Victoria: Reacted to "Peace & Blessings to..." with ❤️

01:45:16 Patricia Sciarrino: I have to drop off. Thank you too much everyone! Love this community and you @Barbara Huson . ❤️

01:48:37 Amna Mazin: Labeling pain and suffering as "good" or "bad" may be the biggest thing we can let go of

01:48:46 Amna Mazin: Like the course says - nothing we see is real

01:53:22 kit: Thank you so much @Barbara Huson !!!!